

# Does dementia stress your family?



Call for info  
and confidential  
discussion:  
**(650) 849-0481**

For general information  
about participants rights,  
contact 1-866-680-2906.

- Would you like to learn ways to manage your stress?
- Would you like to learn more about dementia?
- Would you like to gain skills to help you care for yourself and your loved ones?
- Do you have an interest in helping to enhance patient- and family-centered care?

**Eligible participants:** Family caregivers of persons with dementia interested in group learning with other caregivers

**Compensation:** ranges from \$50-\$250